

THE ANGELUS

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Christ Episcopal Church • Winchester, Virginia

August 2020

Dear People of Christ Church,

Sacer Facio which is the Latin for our word "sacrifice" has to do with actions or things that we make or do which we see as holy or of the sacred. In particular, for Christian living is the actions or things we offer or do which we trust that God will make holy or sacred as part of God's kingdom on earth as it is in heaven. Often our sacrifices we think about in the church have to do with giving of ourselves, our gifts and talents, which we talk about so much or do so much that they seem natural or even easy for us to do.

However, as I talk with and hear from those of you around the parish in this current time of quarantine and pandemic, I believe that the notion of sacrifice has taken on a deeper, more significant meaning for the community. Parents having to stay home with children while also dealing with work. Couples caring for one another, supporting each other when either is sick or recovering from illness or medical procedures. Neighbors going shopping for neighbors who may be at risk to help keep people safe. And what may seem to be the most basic necessity, but also does involve doing somethings so that we can keep others safe, people wearing masks to help keep others safe. For a person to give something or do something for someone else at the uncomfortable level of care - that is where sacrifice becomes real for us.

Among the variety of ways people try and understand God in times of crisis, for some, they see God as doing things to us or not doing things to us, including illness. For me in my faith journey, I don't see God needing to do things to us, because we are perfectly able to do things to ourselves. I encounter God as one who presents options in God's created order - some are options God would prefer for us to follow. Other options are ones that God would prefer that we not follow. It becomes our choice - and in those choices there are consequences.

In the struggle with disease, anxiety and uncertainty, I also see in your stories and in your own struggles the amazing witness of your sacrifice - God taking what you do at personal expense in care for others and showing the world how we are called to love one another and serve our Lord. Children knowing that they are priorities to parents. Parents finding that their grown up children learned how as the children respond to the parents' needs. Couples remembering the gift each other in all challenges of life.

So often we talk about Holy Baptism and the Christian life being something done, not just by clergy, but by all of the baptized. Now we see that it is truly a community working together in the uncomfortable moments of our lives when we have to sacrifice - give beyond our normal comfort zones. Thank you for your care for one another. Thank you for the witness of God's love in a world that struggles to understand what it means to care for others and not just one's self.

In the days ahead, we will continue to worship and serve our Lord - maybe not in a church space, but definitely in the relationships around us. Just as you inspire me, I also hope you are able to inspire one another. It is the sacrificial acts in the world around us which help us to see the grace of God found even in the most challenging of times.

Faithfully,



The Rev. Webster Gibson, Rector
rector@christchurchwinchester.org

August 2020



Visit thediocese.net for updates.

From the Clergy

Dear Friends in Christ,

As we enter another month of the strange new reality we're living in right now, one of the challenges we're dealing with is figuring out how to plan how to make the life and ministry of Christ Church happen not just week by week, but for the longer term. So much of the normal rhythm of parish life has been disrupted, and the ways we would normally plan ahead are not always very useful. Even though we don't know for sure what the weeks ahead will look like, it's very clear that we're going to continue to live with the effects of COVID-19, and the planning we do for the life of Christ Church will have to reflect that.

One of the areas where our planning for the future has been especially challenging is our outreach ministries. Even as we've found ways to make worship and formation happen on the internet, we've found that outreach does not move online in the same way. So much of the work we do, with many partner organizations, depends on physical presence—the work of being there with people as we try to assist with their needs. Many of the ministries we normally participate in involve large numbers of people in small indoor spaces, which is of course a very high risk situation. Additionally, many of our partner organizations have changed the way they operate, often limiting the use of volunteers in order to reduce their own risk.

This does not mean that our outreach work will be unable to function, but it does mean that it will look considerably different, even into the fall and winter. The Outreach Committee, along with the clergy, is working to keep in communication with partner organizations to figure out what they need, and what kind of precautions they're using to keep everyone safe. We're on the hunt for opportunities to do ministry that involve minimal contact and crowding, and would allow us to help meet people's needs in a safe way. We'll continue to announce those opportunities as we develop them.

We're also looking ahead to bigger undertakings, like the WATTS program, and working with other churches to ask if and how those can happen safely this year. We're very aware of both the increased need in our community in the last few months, and the challenge of finding safe ways to meet that need. Keep your eyes open for new opportunities in Outreach, and feel free to reach out to me with questions and ideas!

Faithfully,



The Rev. Martin Geiger, Assistant Rector
mgeiger@christchurchwinchester.org
540-662-5843, Ext. 2, or direct 540-773-5564

**Join Martin for Evening Prayer on
Wednesdays at 7:00 pm on Zoom.
Email or call Martin for instructions
on how to log in.**

Wednesday Morning Bible Study

We re-start Wednesday morning Bible Study on August 5, 2020 from 10:00 am to 11:00 am. We will be studying the Sunday lectionary readings for each week. The discussion is led by one of the clergy. The class is conducted online using Zoom. If you would like to participate, please email Noelle at communications@christchurchwinchester.org so she can get you the necessary information to join the Zoom conversation.

From the Treasurer

2020 Vision



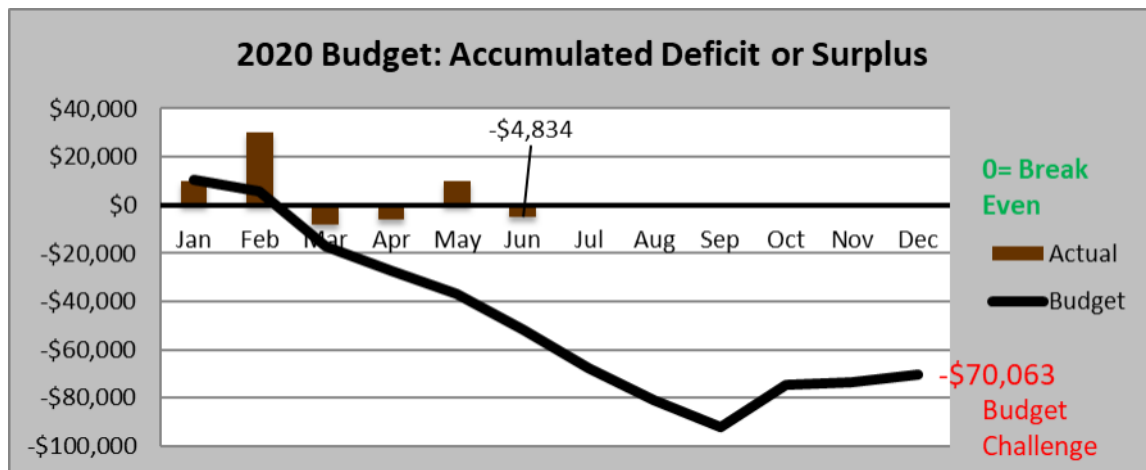
We're heading into the third quarter of 2020, where our budget during normal years would plan for low attendance and therefore lower expected revenues with a steady level of expenses. Our "roadmap" budget line, starting at the end of the second quarter all the way until the end of the third, slopes downward pretty steeply.

June Recap:

You will see from the "roadmap" and the table below that for the month of June, in total, we performed as expected.

Since we had benefitted from the great response to help our cash flow in March and April, our Year-to-Date performance is about \$46,700 better than budget (at an Actual deficit of just \$ -4,834 compared to a Budget deficit of \$ -51,551).

- Our actual June revenues of \$ 35,850 were about \$ 4,400 less than the budget of \$ 40,220.
- Our actual June expenses of \$ 50,408 were about \$ 4,400 less than the budget of \$ 54,819.
- Our budget planned for June to be a deficit month (deficit month = expenses higher than revenues) and with both revenues and expenses each below budget by about \$4,400, our actual monthly deficit was \$-14,458 and was very close to our budgeted deficit of \$-14,599.



Here is a summary table to give more detail about our June results and the YTD results for the first half of 2020:

	June	June	June	YTD	YTD	YTD
2020	Actual	Budget	Diff	Actual	Budget	Diff
Revenues	\$35,850	\$40,220	-\$4,370	\$281,789	\$254,240	\$27,549
Expenses	\$50,408	\$54,819	-\$4,411	\$286,623	\$305,751	-\$19,128
Net Position	-\$14,558	-\$14,599	\$41	-\$4,834	-\$51,511	\$46,678

Church Calendar

Church Services

Please watch the website or Facebook page for announcements on online service times.

August

All on-site services, meetings and events are still canceled in August.

Please watch for announcements via email, website, Facebook, or church bulletin as services, meetings, and events begin to resume at Christ Church.

Many committees and groups are meeting using Zoom online. Please check with your group to see if they have anything scheduled!

Committee & Group Meetings

Senior Choir Rehearsal	Wed: 7:00 pm
Adult Forum	Sun: 9:30 am
Alleluia Singers	Sun: 8:45 am
Daytime Faith Study	2nd/4th Mon: 10:00 am
Knit Unto Others	3rd Tues: 2:00 pm
Men's Fellowship	2nd Sat: 7:30 am
Outreach Committee	4th Tues: 7:00 pm
Properties Committee	3rd Tues: 7:00 pm
Treasure Box	Wed & Fri: 10 am-4 pm, Sat 10 am-1 pm
Women's Lunch Group	1st Thurs: 11:30 am
Vestry	2nd Tues: 7:00 pm
Women's Book Studies	Tues: 10:30 - Noon Thurs: 6:00 pm – 7:15 pm
Youth Group	2nd/4th Sun: 6:00-7:30 pm



**Look for
Christ Episcopal Church Winchester
and like us to stay up-to-date on the latest news!**

**The Rector's day off is Friday.
The Assistant Rector's day off is Monday.**

Church Office Tel. 540-662-5843

Church Calendar

August Birthdays

- 1 Nancy Brown, Jody Wall
- 2 Margery Wingenbach, Kayla Richard
- 3 Gail Walsh
- 4 Jim Kriewald
- 6 Thomas Rockwood, Tracy Tilling
- 7 Lucia Thomas
- 8 Paula Opheim, Elizabeth Browning, Dick Clarke
- 10 Bart Hansen, Marsha Baden, Mary Gloster
- 11 Zachary Barton
- 13 Emily Dodd, Tom Stouffer
- 14 LaVerne Sargent, Jane Fitz
- 15 Kay Whitworth, Jim Miles
- 22 Bob Fitz
- 24 Rosalie Lewis, Joan Burgess, William Major, Jr.,
Olivia McKelway
- 25 Nathan Cluss
- 26 Kay Keely, Mary Gage
- 27 Ellen Morgan, Clare Dame
- 29 Nancy Mitchell, John Riley
- 30 Greg Hutchinson, Judy Pennypacker,
Caroline Barnes
- 31 Donna Bennett, Caroline Cooper

August Anniversaries

- 1 David & Stephanie McWhorter
- 2 Chris & Melissa Ferguson
- 5 Kent & Mary Stevens
- 7 Bob & Jane Fitz
- 14 Roger & Helen Zearth
- 25 David & Sara Bicking
- 29 Bob & Mary Puttock

celebrate!



Donate by check

Mail to:
Christ Church
114 W. Boscawen St.
Winchester, VA 22601

Sunday School Plans

As we continue to plan for re-gathering, please know that the needs of families are very much part of that discussion. As soon as we can, we hope to be able to refine and share that plan with our families with children.

Meanwhile, check out once again some of the online resources that will help you support your children's Christian formation! Your initial link is <https://lessonplansthatwork.org/faith-at-home/>. It will lead you to other resources/websites that can help kids to learn and grow in their faith. This resource comes from the national Episcopal church. You will find ideas for home worship, activities for a families or just kids, links to Bible story-telling videos, etc. There are many, many possibilities.

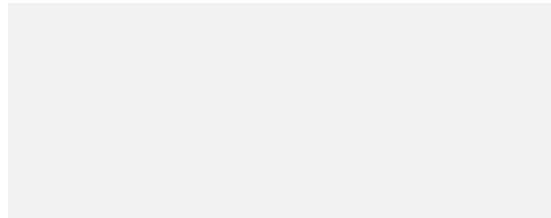
In September, if we are not able to resume "normal" Sunday School classes, with social distancing, expect the weekly online Five Minute lesson (an adjustment of the curriculum lesson intended for a group of children so it can be used for the children of a single family) to be available again as it was in the spring. Support materials will be provided so please be sure we have your current email and street addresses. Contact Margery Wingenbach (wingenbach@comcast.net) with any contact updates or questions.



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Nurses' Musings

As we approach fall and get away from all the physical exercise of the summer, many people will notice fatigue, weight gain, difficulty concentrating, strange aches and pains, and erratic sleep patterns. Often, they blame it on the return to all the activities of fall with school, etc. This fall may be even more difficult depending on new work/school routines. Sometimes, these symptoms have been overlooked with the excitement of vacations, summer activities. etc. If you notice them for the first time or perhaps begin noticing them again, see your physician. It may be that your body's "thermostat" is out of whack. You ask, what is the body's thermostat? It is the thyroid gland. It can cause hormone imbalance. There are about 27 million Americans living with overactive or underactive thyroid glands. Often, they have been seen by physicians or therapists, and are told there is nothing wrong; however, many are diagnosed, treated, and have such an improvement in their lives that they wonder how they ever lived before!

Sometimes after being tested and found to be low-normal, a physician will think that perhaps the person is allergic to their own thyroid and will give a synthetic thyroid and that makes a world of difference. The reason that hypothyroidism is missed so often is threefold: doctors don't always screen for thyroid dysfunction; patients may not discuss the symptoms correctly; and the symptoms are common to many conditions. Don't walk around being miserable! Ask for help! See you next month!

Your parish nurses, Helen and Rosalie